I. Academic/Professional Background

A. Name: Laura Dougherty Title: Lecturer and Exercise Science

Internship Coordinator

B. Educational Background

Bachelor of Science 2004 McNeese State University

Health Promotion

Master of Science 2006 McNeese State University

Exercise Physiology

C. University Experience

Internship Coordinator, Exercise Science Sam Houston State University

08/2017-present

Lecturer, Kinesiology and Population Health Sam Houston State University

01/2010 - 08/2017

Fitness Director, Department of Recreational Sports Sam Houston State University

08/2009 - 08/2011

D. Relevant Professional Experience

Director of Fitness The Sports Club at Graywood

2007-2009

Fitness Specialist/Interim Fitness Director Christus St Patricks Hospital Fitness Center

2001-2007

Graduate Teaching Assistant McNeese State University

2005-2006

E. Other Professional Credentials (licensure, certification, etc.): ACSM Certified Personal Trainer, AFAA Certified Primary Group Exercise Instructor, Stott Pilates Mat Certified/Reformer trained, TRX Trainer, Yoga Fit 1 & 2, Les Mills: Body Pump & Body Flow, Precision Cycling, Power Plate certified, Yoga for Golfers Certified

II. TEACHING

A. Teaching Honors and Awards:

B. Courses Taught: HLTH/KINE 2330, HLTH 1366, KINE 1110, 1119, 2114, 2115, 3117, 3363, 4393, 4394

C. Graduate Theses/Dissertations, Honors Theses, or Exit Committees (if supervisor, please indicate): A Comparison of Predicted O2 Consumption between Triathletes and Distance Runners based on Running Performances.

3. Conference Proceedings
a. Refereed Conference Proceedings:
b. Non-refereed:
4. Abstracts:
5. Reports:
6. Book Reviews:
7. Other Works in Print:
B. Works not in Print
1. Papers Presented at Professional Meetings:
2. Creative works
4. Invited Talks, Lectures, and Presentations:
5. Consultancies:
6. Workshops:
7.5. Other Works not in Print: a. Works "submitted" or "under review"
b. Works "in progress"
C. Grants and Contracts
1. Funded External Grants and Contracts:
2. Submitted, but not Funded, External Grants and Contracts:
3. Funded Internal Grants and Contracts:
4. Submitted, but not Funded, Internal Grants and Contracts:
D. Fellowships, Awards, Honors:
IV. SERVICE
A. Institutional
1. University:

4 COHS - CV

2. College: . T c 3 (o m 0 . 2 5 m 0 . 2 5 u n i